



Your Guide to Dysport— A Proven Treatment for Adult Spasticity

Actor portrayal

What is DYSPORT?

DYSPORT is a prescription medicine that is injected into muscles and used to treat:

- increased muscle stiffness in people 2 years of age and older with spasticity
- cervical dystonia in adults

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about DYSPORT?

DYSPORT may cause serious side effects that can be life threatening. These problems can happen within hours, or days to weeks after an injection of DYSPORT. Call your doctor or get medical help right away if you have any of these problems after treatment with DYSPORT:

- **Problems swallowing, speaking, or breathing.** These problems can happen within hours to weeks after an injection of DYSPORT due to weakening of associated muscles. Death can happen as a complication if you have severe problems with swallowing or breathing after treatment with DYSPORT. Swallowing problems may last for several weeks. People with certain pre-existing swallowing or breathing problems have the highest risk of getting these problems.
- **Spread of toxin effects.** In some cases, the effect of botulinum toxin may affect areas of the body away from the injection site and cause symptoms of a serious condition called botulism including loss of strength and muscle weakness all over the body, double or blurred vision, drooping eyelids, hoarseness or change or loss of voice, trouble saying words clearly, loss of bladder control, and trouble breathing or swallowing.

These symptoms can happen within hours to weeks after you receive an injection of DYSPORT. These problems could make it unsafe for you to drive a car, operate machinery, or do other dangerous activities.

Please see additional Important Safety Information on pages 14-15 and full Prescribing Information, including Medication Guide with IMPORTANT WARNING.



Welcome to Your Treatment with Dysport

Inside this brochure, you will find helpful information about:

- What spasticity is and how it affects you
- What Dysport is, how it works, and how it may help with spasticity
- How to set treatment goals - an important first step
- How to prepare for treatment with Dysport and what to expect along the way
- Ipsen Cares® - a program that helps patients access their Dysport prescription

You can use the **appointment reminder cards** at the back of this brochure to schedule and track future follow-up visits with your doctor.



My next appointment is with

Dr. _____
on _____
at _____

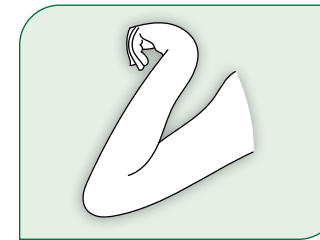
Please see additional Important Safety Information on pages 14-15 and full Prescribing Information, including Medication Guide with IMPORTANT WARNING.



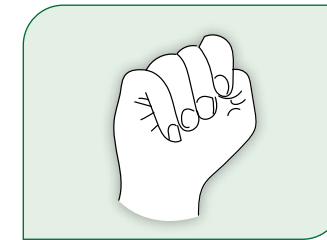
What Is Spasticity?

Spasticity in adults is a condition that causes spasms and stiffness in your arms, legs, or both, interfering with movement and your ability to perform simple tasks, such as walking or dressing. Extreme stiffness and loss of mobility can become a turning point in your life.

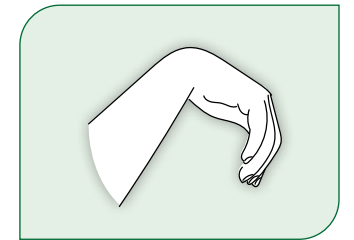
Spasticity can take on many forms. These are some of the most common:



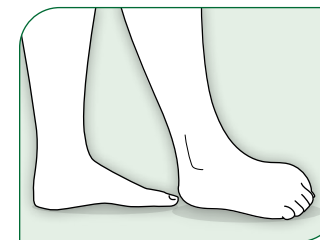
Bent elbow



Clenched fist



Bent wrist



Foot turning inward



Ankle pointing downward



Toes curling under

Stiffness in your arms may involve your elbow or wrist staying bent (flexed) or your hand curling into a fist. Stiffness in your leg may involve your foot turning inward, your ankle pointing downward, your toes curling under, or a combination of these, making it harder to place your foot flat on the ground.

Symptoms of spasticity may get worse if left untreated.



What Causes Spasticity in Adults?

Spasticity can occur when the nerve cells that carry messages from your brain to different parts of your body are damaged. Different medical conditions or events that can damage nerve cells include:

- A stroke
- A serious injury to the brain or spinal cord
- Diseases like cerebral palsy or multiple sclerosis

When this damage occurs, the affected muscles in your limbs may receive the wrong signals. This can cause your muscles to contract or tense up, leading to stiffness and tightness.



What Is Dysport and How Does It Work?

Dysport® (pronounced DIS-port) is a type of prescription medicine called botulinum toxin type A. It is injected into muscles affected by spasticity, temporarily blocking the signals that are causing muscles to tighten and contract; this may allow the muscles to relax and may reduce spasms and stiffness.



How Dysport Might Help You

In a clinical study with adults who had upper limb spasticity, approximately 3 out of 4 patients had a response to treatment at week 4. For most patients, improvement was seen 1 week after treatment.

Similarly, in a clinical study for adults with lower limb spasticity, nearly half of patients treated with Dysport had a response to treatment at week 4. For some patients, improvement was seen 1 week after treatment.

The 2 clinical studies collectively included 619 patients who received Dysport or placebo. Four weeks after treatment, doctors assessed how well Dysport was working by checking the change in muscle tension in the elbow, wrist, finger, and ankle muscles.

What is DYSPORT?

DYSPORT is a prescription medicine that is injected into muscles and used to treat:

- increased muscle stiffness in people 2 years of age and older with spasticity
- cervical dystonia in adults

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about DYSPORT?

DYSPORT may cause serious side effects that can be life threatening. These problems can happen within hours, or days to weeks after an injection of DYSPORT. Call your doctor or get medical help right away if you have any of these problems after treatment with DYSPORT:

- **Problems swallowing, speaking, or breathing.** These problems can happen within hours to weeks after an injection of DYSPORT due to weakening of associated muscles. Death can happen as a complication if you have severe problems with swallowing or breathing after treatment with DYSPORT. Swallowing problems may last for several weeks. People with certain pre-existing swallowing or breathing problems have the highest risk of getting these problems.

Please see additional Important Safety Information on pages 14-15 and full Prescribing Information, including Medication Guide with IMPORTANT WARNING.

Dysport is a proven treatment option for adult spasticity having been in clinical use for 11 years since FDA approval in 2015



Achieving optimal results with Dysport may take several treatment cycles. Dose adjustments and muscle targeting are refined over time to match each patient's unique response. Talk to your doctor about how many treatment cycles may be needed for you to experience optimal results.



Treatment Goals: An Important First Step

Before you begin your treatment journey with Dysport, it is important to select goals you would like to achieve with treatment and consider how setting and achieving these goals will help you obtain the best possible outcome. Spend some time thinking about these goals with your family and caregiver. Treatment goals should also be carefully reviewed and discussed with your care team, including your doctor and physical therapist, and caregiver(s).

Setting the right treatment goals is critical, along with understanding what else may be required for the best possible outcome from treatment. Discuss with your doctor whether your treatment goals are:

- **Realistic** – can they be achieved with treatment?
- **Clear** – are they connected to what you want to be able to do?
- **Aligned** – do you and your doctor both understand them in the same way?

Keep in mind that several successive rounds of treatment may be needed to make progress toward your treatment goals.

Goal Tracker

Your treatment goals

Use the space below to record your personal treatment goals. Circle your choices from the ones listed below or create your own. **Bring this list to your doctor to discuss at each visit.**

- | | | |
|---------------------|----------------------|---------------------------|
| • Driving | • Nail care/hygiene | • Therapy/positioning |
| • Eating/drinking | • Recreation | • Washing/dressing |
| • Housework/cooking | • Sleeping | • Work-related activities |
| • Limb hygiene | • Splint application | • Writing/typing |

What to Expect and How to Prepare

After you and your doctor decide that Dysport is right for you, treatment can begin. Here are some things to expect—and a few simple ways to prepare.



Get ready for your treatment

Keeping these notes before and after each treatment session is an effective way for you and your care team to track your progress. Use the following pages to record your symptoms. Remember to bring it with you to appointments.

Up to 1 week before your treatment

- Complete the progress tracker provided below
- List any questions about spasticity, Dysport, or your treatment plan that you would like to ask your doctor
- List and reflect on your treatment goals

Progress Tracker

Get ready for your treatment

Note the symptoms you are experiencing, such as ease or difficulty with daily activities and mobility.

Tip: Ask your caregiver to take a short video of your posture and how your affected arm and/or leg moves. Keep these videos to compare over time the progress that you are making.

Date: _____

Symptoms: _____

IMPORTANT SAFETY INFORMATION (continued)

What is the most important information I should know about DYSPORT? (continued)

- **Spread of toxin effects.** In some cases, the effect of botulinum toxin may affect areas of the body away from the injection site and cause symptoms of a serious condition called botulism including loss of strength and muscle weakness all over the body, double or blurred vision, drooping eyelids, hoarseness or change or loss of voice, trouble saying words clearly, loss of bladder control, and trouble breathing or swallowing.

These symptoms can happen within hours to weeks after you receive an injection of DYSPORT. These problems could make it unsafe for you to drive a car, operate machinery, or do other dangerous activities.

Please see additional Important Safety Information on pages 14-15 and full Prescribing Information, including Medication Guide with IMPORTANT WARNING.



On your treatment day

On the day of your Dysport treatment, set aside enough time for your appointment. Arrive early so you have time to be comfortable and relaxed.

Your doctor will inject Dysport directly into the muscles that are affected. Depending on your needs, this may mean injections in just one or several different muscles. The exact amount and injected locations will be carefully tailored for you, so your treatment is personalized to give you the best possible results.

Tips to stay on track during treatment:

- Complete the progress tracker provided below
- Check-in with your doctor about your treatment goals
- Ask your doctor when you should return

Schedule your follow-up appointment before leaving the office



Wear loose, comfortable clothing on the day of your treatment. This helps your doctor easily access the muscles being treated.

Progress Tracker

On your treatment day

Use the space below to note any changes in your symptoms.

Date: _____

Symptoms: _____

IMPORTANT SAFETY INFORMATION (continued)

Who should not receive DYSPORT?

Do not receive DYSPORT if you: are allergic to DYSPORT or any of its ingredients, or to cow's milk protein; had an allergic reaction to any other botulinum toxin product such as Myobloc®, Botox®, or Xeomin®; have a skin infection at the planned injection site.



4-6 weeks after treatment

In clinical studies, many patients began to see improvement in stiffness of their arm and/or leg at 4 weeks after treatment, but the timing can be different for everyone. Your treatment is often one part of a larger spasticity management plan, which may also include physical or occupational therapy.

To help track your progress, your doctor may schedule a follow-up visit about 4-6 weeks after treatment. This is a good time to talk about how well the treatment works and whether any adjustments are needed to your plan.

Tips to stay on track during treatment:

- Complete the progress tracker provided below
- Check in with your doctor about treatment goals, since everyone responds a little differently
- Ask your doctor when you may need to return

Progress Tracker

4-6 weeks after treatment

Below, note any changes to your symptoms, including ease or difficulty with daily activities and mobility.

Tip: Ask your caregiver to take a short video of your posture and how your affected arm and/or leg moves. Afterwards, compare it with a video filmed prior to your treatment day—this can make it easier to notice small changes over time.

Date: _____

Symptoms: _____

IMPORTANT SAFETY INFORMATION (continued)

What should I tell my doctor before receiving DYSPORT?

Tell your doctor about all your medical conditions, including if you:

- have a disease that affects your muscles and nerves, such as amyotrophic lateral sclerosis (ALS or Lou Gehrig's disease), myasthenia gravis, or Lambert-Eaton syndrome
- have allergies to any botulinum toxin product or had any side effect from any botulinum toxin product in the past
- have or have had problems with breathing (such as asthma or emphysema), swallowing, or bleeding
- have diabetes
- have or have had a slow heartbeat, or other problem with your heart rate or rhythm

Please see additional Important Safety Information on pages 14-15 and full Prescribing Information, including Medication Guide with IMPORTANT WARNING.



12-16 weeks after treatment

Each treatment typically provides relief for about 3–4 months, and your doctor will tell you when it's time for the next session. Many people need ongoing treatments—spaced at least 12 weeks apart—to continue reducing stiffness in the arm or leg and to make progress toward their goals. Your doctor may adjust the Dysport dose or the muscles treated to help you get the best results.

Above all, focus on progress—even small changes are a step forward.

Tips to stay on track during treatment:

- Complete the progress tracker provided below
- Check in with your doctor about treatment goals, since everyone responds a little differently
- Ask your doctor when you may need to return

Ask your doctor how many rounds of treatment may be needed to help you reach your goals—and when to plan for them

Progress Tracker

12-16 weeks or longer after treatment

Below, note any changes to your symptoms, including ease or difficulty with daily activities and mobility.

Tip: Ask your caregiver to take a short video of your posture and how your affected arm and/or leg moves. Afterwards, compare it with a video filmed prior to your first treatment session and a video from 4-6 weeks after—this can make it easier to notice small changes over time.

Date: _____

Symptoms: _____

IMPORTANT SAFETY INFORMATION (continued)

What should I tell my doctor before receiving DYSPORT? (continued)

- have plans to have surgery or had surgery on your face
- have weakness in or near your muscles being treated, drooping eyelids, experienced dry eye with previous use of botulinum toxin products, or any other change in the way your face normally looks
- are pregnant (or plan to be) or breast-feeding (or planning to)

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal products. Using DYSPORT with certain other medicines may cause serious side effects. **Do not start any new medicines until you have told your doctor that you have received DYSPORT in the past. Especially tell your doctor if you:** have received any other botulinum toxin product in the last four months or any time in the past (be sure your doctor knows exactly which product you received); have recently received an antibiotic by injection; take muscle relaxants, an allergy or cold medicine, or a sleep medicine.



Support from those who understand your condition, because you are not alone.

Connect with others in similar situations for support, information, or just an understanding friend. People without spasticity may not be able to understand what it feels like. Through these organizations, you and those who care for you can find helpful information about living with spasticity.

Information about patient advocacy groups is provided for convenience and does not imply an endorsement of these organizations by Ipsen or an endorsement of Ipsen by these organizations.



Alliance for Patient Access
1-202-951-7097
allianceforpatientaccess.org

IMPORTANT SAFETY INFORMATION (continued)

What are the possible side effects of DYSPORT?

- **The most common side effects in adults with upper limb spasticity** include muscle weakness; in adults with lower limb spasticity include muscle weakness, pain in arms or legs, and falls
- **The most common side effects in children (2 to 17 years of age) with upper limb spasticity** include upper respiratory tract infection and sore throat; **in children with lower limb spasticity** include stuffy or runny nose, sore throat, cough, and fever
- **The most common side effects in people with cervical dystonia** include muscle weakness, muscle pain, difficulty swallowing, dry mouth, problems speaking, injection site pain or discomfort, feeling of tiredness, eye problems, and headache

Please see additional Important Safety Information on pages 14-15 and full **Prescribing Information**, including Medication Guide with **IMPORTANT WARNING**.

IPSEN CARES offers dedicated resources

Dedicated Support for Patients Prescribed Dysport and Their Families

IPSEN CARES is a patient support program that is designed to help you and your family during treatment with Dysport.



Financial* and Insurance Assistance



Dedicated, Individualized Support



Medication Support Nurse Program†

Our Patient Access Managers are available
Monday – Friday, 8:00 AM – 8:00 PM ET Phone: 866-435-5677

To learn more about IPSEN CARES visit ipsencares.com

*Please see program Patient Eligibility & Terms and Conditions at IPSENCARES.com.

†Medication Support Nurses are provided by Ipsen and do not work under the direction of the patient's healthcare provider or give medical advice. Remember to talk to your doctor about treatment related questions

You can use these appointment reminder cards to schedule and track future follow-up visits:

Appointment Reminder Card

Appointment Reminder Card

Appointment Reminder Card

Appointment Reminder Card

What is DYSPORT?

DYSPORT is a prescription medicine that is injected into muscles and used to treat:

- increased muscle stiffness in people 2 years of age and older with spasticity
- cervical dystonia in adults

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about DYSPORT?

DYSPORT may cause serious side effects that can be life threatening. These problems can happen within hours, or days to weeks after an injection of DYSPORT. Call your doctor or get medical help right away if you have any of these problems after treatment with DYSPORT:

- **Problems swallowing, speaking, or breathing.** These problems can happen within hours to weeks after an injection of DYSPORT due to weakening of associated muscles. Death can happen as a complication if you have severe problems with swallowing or breathing after treatment with DYSPORT. Swallowing problems may last for several weeks. People with certain pre-existing swallowing or breathing problems have the highest risk of getting these problems.
- **Spread of toxin effects.** In some cases, the effect of botulinum toxin may affect areas of the body away from the injection site and cause symptoms of a serious condition called botulism including loss of strength and muscle weakness all over the body, double or blurred vision, drooping eyelids, hoarseness or change or loss of voice, trouble saying words clearly, loss of bladder control, and trouble breathing or swallowing.

These symptoms can happen within hours to weeks after you receive an injection of DYSPORT. These problems could make it unsafe for you to drive a car, operate machinery, or do other dangerous activities.

Who should not receive DYSPORT?

Do not receive DYSPORT if you: are allergic to DYSPORT or any of its ingredients, or to cow's milk protein; had an allergic reaction to any other botulinum toxin product such as Myobloc®, Botox®, or Xeomin®; have a skin infection at the planned injection site.

What should I tell my doctor before receiving DYSPORT?

Tell your doctor about all your medical conditions, including if you:

- have a disease that affects your muscles and nerves, such as amyotrophic lateral sclerosis (ALS or Lou Gehrig's disease), myasthenia gravis, or Lambert-Eaton syndrome
- have allergies to any botulinum toxin product or had any side effect from any botulinum toxin product in the past
- have or have had problems with breathing (such as asthma or emphysema), swallowing, or bleeding
- have diabetes
- have or have had a slow heartbeat, or other problem with your heart rate or rhythm
- have plans to have surgery or had surgery on your face
- have weakness in or near your muscles being treated, drooping eyelids, experienced dry eye with previous use of botulinum toxin products, or any other change in the way your face normally looks
- are pregnant (or plan to be) or breast-feeding (or planning to)

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal products. Using DYSPORT with certain other medicines may cause serious side effects. **Do not start any new medicines until you have told your doctor that you have received DYSPORT in the past. Especially tell your doctor if you:** have received any other botulinum toxin product in the last four months or any time in the past (be sure your doctor knows exactly which product you received); have recently received an antibiotic by injection; take muscle relaxants, an allergy or cold medicine, or a sleep medicine.

What are the possible side effects of DYSPORT?

- **The most common side effects in adults with upper limb spasticity** include muscle weakness; in adults with lower limb spasticity include muscle weakness, pain in arms or legs, and falls
- **The most common side effects in children (2 to 17 years of age) with upper limb spasticity** include upper respiratory tract infection and sore throat; **in children with lower limb spasticity** include stuffy or runny nose, sore throat, cough, and fever
- **The most common side effects in people with cervical dystonia** include muscle weakness, muscle pain, difficulty swallowing, dry mouth, problems speaking, injection site pain or discomfort, feeling of tiredness, eye problems, and headache

Tell your doctor if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of DYSPORT. For more information, ask your doctor or pharmacist. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see full Prescribing Information, including Medication Guide with IMPORTANT WARNING.

Discover more about Dysport and what to expect from your treatment journey.

Scan the QR code or visit Dysport.com to access helpful patient resources, treatment information, and education on how Dysport may help you.

Bring this brochure with you to each doctor's appointment to track progress together on your Dysport treatment journey

Dysport® (abobotulinumtoxinA) for injection, for intramuscular use 300- and 500-Unit vials.

DYSPORT is a registered trademark of Ipsen Biopharm Limited.

IPSEN CARES is a registered trademark of Ipsen S.A.

© 2026 Ipsen Biopharmaceuticals, Inc. All Rights Reserved. 01/2026 DYS-US-009893

Please see additional Important Safety Information on pages 14-15 and full Prescribing Information, including Medication Guide with IMPORTANT WARNING.